

## **Public Health Dissertation – Challenges**

Public Health is an area that deals with increasing life expectancy, prevention and treatment of diseases, and promoting improved health measures through private and government organizations.

A dissertation also called a research paper is an original piece of work based on investigations by an individual, and such investigations in public health are gathered from a population analysis. If the population is huge, securing quantitative and qualitative data basis population can be the biggest challenge in writing a dissertation on public health, keeping in mind the timelines we need to follow. If there are no timelines, the date of submission keeps getting postponed.

Moreover, public health as a discipline is vast. It includes interdisciplinary subjects like epidemiology, biostatistics and health services. It is further subdivided into environmental health, community health, occupational health, behavioral health, public policy, insurance medicine to name a few. Health itself has a broad definition; it covers the entire spectrum of physical, mental and social well being and not just absence of disease. Hence, a lot of caution needs to be applied while selecting a topic for public health dissertations, as they tend to overlap.

Writing a dissertation on public health also requires the research student to be on the field. In order to acquire data which is firsthand, the student needs to travel extensively. This can prove to be expensive and exhausting. One of the major deterrents in public health research is that the student runs into the risk of contracting an illness in disease affected areas. Therefore, high levels of hygiene must be maintained while conducting research on the field.

The research methods used in public health are complex. The student has to interact with multiple groups: government and non-government organizations. Public health services also call for specialized services from doctors, nurses, pharmacists, dieticians, public health inspectors, community workers, etc. Gathering all the findings, applying it in the research and coming to a meaningful conclusion requires a lot of focus and diligence.

For getting his dissertation edited, the student needs to ensure that he hires a professional and an experienced editor who must be competent enough to understand the terminology and the amount of data used in public health studies. Presenting the dissertation with accurate and high quality data is another underlying challenge, as it might lead to misinterpretation of facts.

Public health research has contributed to the welfare of developing and underdeveloped nations and has proved to be an invaluable source of information to the government and non-government organizations.